

INTRODUCING

WECARE 101



Wilmington
College

HAVE YOU EVER WONDERED...

How can I help my friend?

Is my relationship healthy?

Did that make me a victim?

Why do victims return to or stay with abusers?

Do abusers show any potential warning signs?

Is my joke really that big of a deal?

What are some new coping skills?

How can I be more empathetic?

Wasn't it the victim's fault because....?

What might reporting look like?

and more!

**For more information and to see when the next session
of classes are visit wilmington.edu/wecare**